



dance school • choreographer • dance therapist

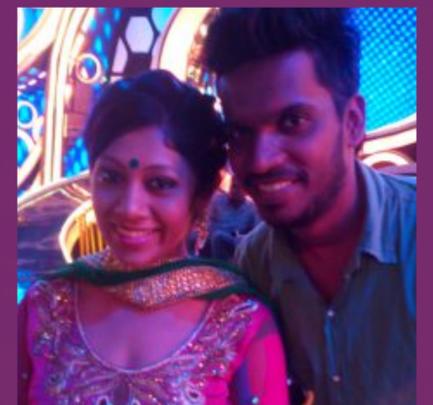
founder info



- famous as zee tv fame Dance India Dance supermom & celebrity choreographer.
- shraddha's tapperz dance skool – established in 2003.
- tds – therapeutic dance studio established in 2020.
- providing quality dance education, training & fitness.
- 15k+ students – trained of various age group.
- teaches 22+ different dance forms through offline & online platform.

- unique world record in 12- hours non stop online dance therapy session for more than 900 people of different age group.
- 130k+  , 20k+  , 13k+  , 80k+  followers.

journey of DID super moms







bollyfit
to get fit

Why Choose Bollyfit?

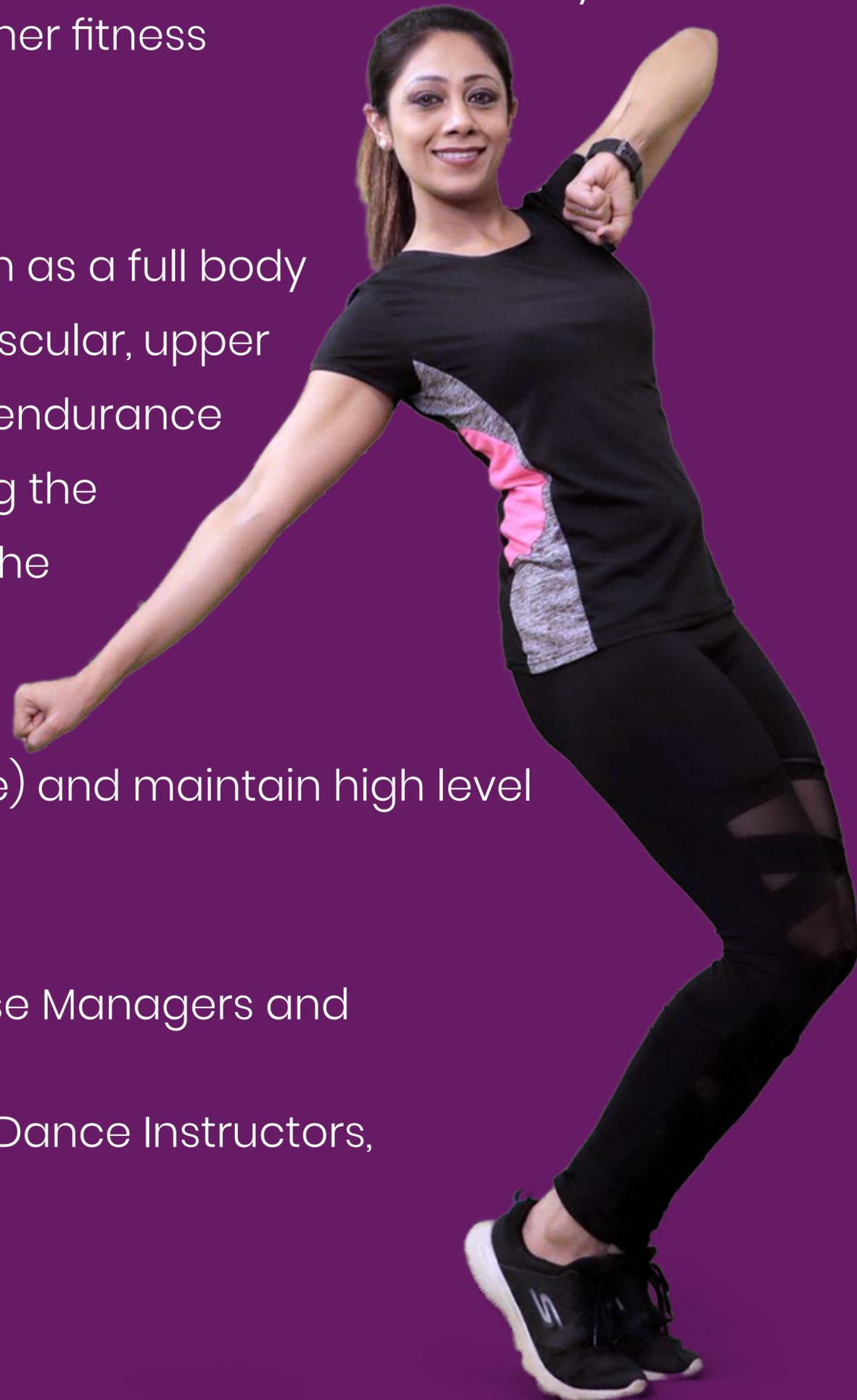
Bollyfit is scientifically tested and the routines are copyrighted. It is a unique cardiovascular, full-body strength, endurance and agility exercise program designed for people of all ages, backgrounds, and fitness levels. Bollyfit stands apart and upright from all the other fitness programs.

What are the Benefits.

Bollyfit is specially designed for the youth as a full body workout routine comprising of cardio vascular, upper body, lower body, core strength, overall endurance and flexibility components for enhancing the very energy and power of Young India. The routines are scientifically designed to reach and maintain the orange zone of heart rate (Maximum fat burning zone) and maintain high level of metabolic activity.

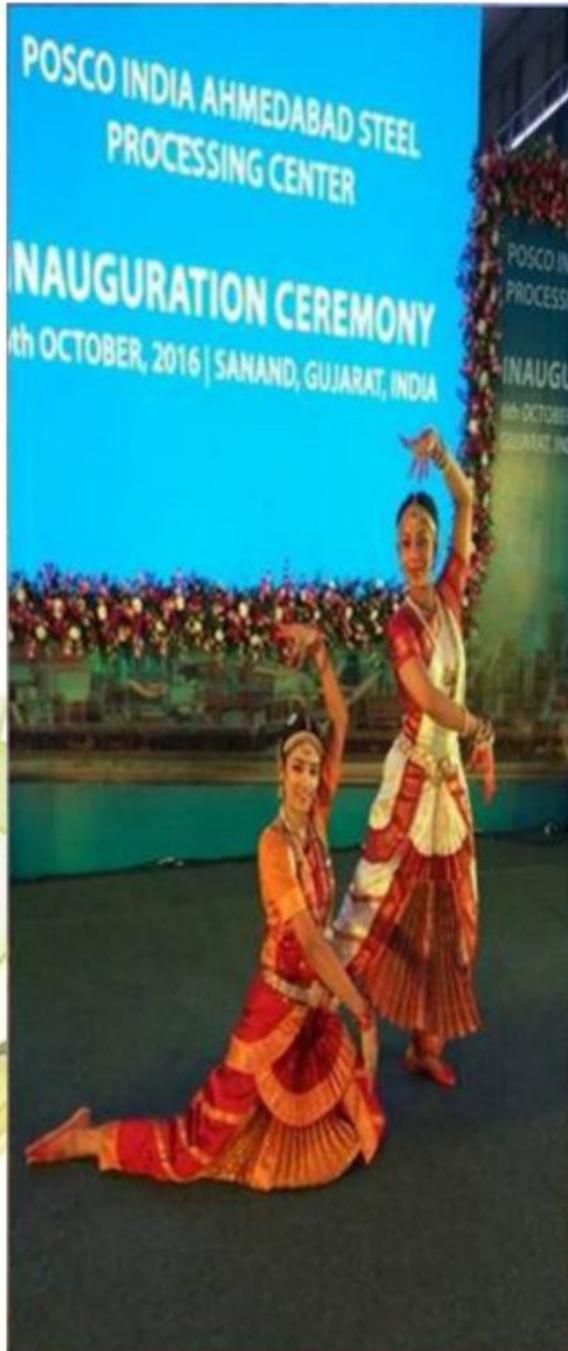
This can be Fit For.

Group Exercise instructors, Group Exercise Managers and Studio Owners,
Fitness Instructors, Sports professionals, Dance Instructors,
Gym/Club Owner.





corporate
events





tds stage
performances

colors
VIVIDH.COM

WOMEN'S VOICE
TALENT

STARTS JULY 29

WRI-SAT 9PM

WOMEN'S VOICE
TALENT
SEASON 3
WRI-SAT 9PM

colors
VIVIDH.COM

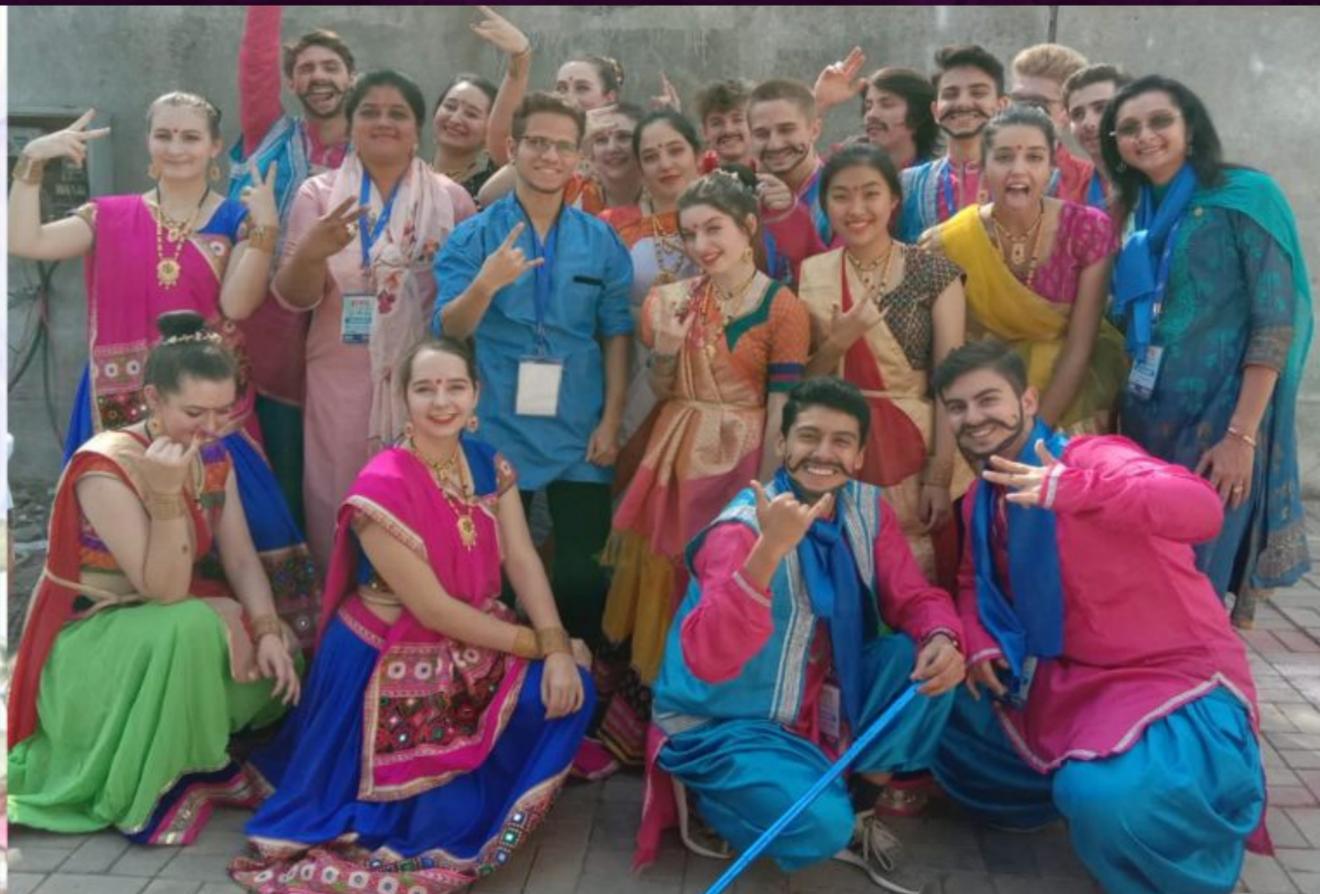
colors

colo





international
students



 **SHRADDHA'S** [®]
TAPPERZ DANCE SKOOL



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